



## **Waikato Regional School NOVICE Festival Scheduled for Thursday 21<sup>st</sup> August (Term 3 week 6)**

This regional festival is for NOVICE athletes who qualified at their local School Festival event as a Flyer or Twister in school years 2-10 in the following Gymsports:

- Artistic Gymnastics
- Rhythmic Gymnastics
- Trampoline Gymnastics
- Aerobic Gymnastics

Plus:

- Group Performances in Hip-hop, Aerobics, and Cheerleading

Novice athletes will perform routines as per the School Gymsport Festival – 2024 Primary & Intermediate School Handbook.

One parent/teacher per school per session must be present for novice athlete sessions. This person is responsible for their school participants during the session/event and taking them around the apparatus.

### **Entry Fees (per Gymsport)**

Novice Individuals = \$20

Group Performance = \$50 per group

Invitations and entry forms for the top 8 qualifying Flyers and Twisters (+ top 3 groups) will be sent to schools on or before Monday, 14<sup>th</sup> July.

Entries will close STRICTLY Monday, 4<sup>th</sup> August.

If you have any questions regarding this, please contact Susan, [admin@hamcitygym.co.nz](mailto:admin@hamcitygym.co.nz).



## **Waikato Regional School COMPETITIVE Festival Scheduled for Thursday 28<sup>th</sup> August (Term 3 week 7)**

The 2<sup>nd</sup> Regional Festival is for our COMPETITIVE/OPEN grades. All competitive athletes within the Waikato region in years 2-10 are eligible to attend and represent their school. Some athletes may have attended a local qualifying event, but this is not a pre-requisite as not all local festivals are able to include competitive athletes.

Open Grades = ALL competitive grades for Artistic Gymnastics, Rhythmic Gymnastics, and Trampoline.

For Open Grades, as in 2024, we WILL NOT follow the open junior, junior advanced, and senior categories as per the handbook and as in previous years.

Instead, competitive athletes will deliver their club routine relevant to their step/level, and each step/level will be judged separately.

WAG athletes in all Steps will perform Floor, Vault, and Beam only. There will be no Uneven Bars performed by any Step.

MAG athletes in all Levels will perform Floor, Vault, Parallel Bar, and Pommel.

Schools should not practice competitive routines or coach competitive athletes. These athletes will be mid-way through their competitive season and will be coached at their individual clubs by their designated coaches.

It is recommended that for competitive athletes representing their school that a club coach is present if possible. If a club coach cannot be available, we recommend you only perform elements that do not require spotting or a warm-up spot.

Competitive athletes will be grouped as best as possible to be with members of their own club, regardless of which school they are representing. This is so the club coaches can support their club athletes.

### **Entry Fees (per Gymsport)**

Competitive Individuals = \$20

Entry forms for Competitive athletes will be sent to schools on or before Monday, 14<sup>th</sup> July. Entries will close STRCITLY Monday, 4<sup>th</sup> August.

If you have any questions regarding this, please contact Susan, [admin@hamcitygym.co.nz](mailto:admin@hamcitygym.co.nz).