

	Mon	Tue	Wed	Thu	Fri	Sat
Step 1		3:30 – 5:30		3:30 – 5:30		
Step 2		3:30 – 5:30		3:30 – 5:30		
Step 3A	3:30 – 5:45		3:30 – 5:30		3:30 – 5:45	
Step 4 Yellow	3:30 – 5:30	5:00 – 8:00		5:00 – 8:00		
Step 4 Purple	3:30 – 5:30		5:00 – 8:00	5:00 – 8:00		
Step 5	5:30 – 8:30		5:30 – 8:30		5:30 – 8:30	
Step 6	5:30 – 8:30		5:30 – 8:30		5:30 – 8:30	1:00 – 5:00
Step 7	5:30 – 8:30	5:00 – 8:30		4:30 – 8:30		1:00 – 5:00
Step 8+	5:30 – 8:30	5:00 – 8:30		4:30 – 8:30		1:00 – 5:00
					5:30 – 8:30 Step 9 Only	